



**NASHUA FAMILY  
CHIROPRACTIC**

**Brandon Linatsas, DC  
Vicki Irwin, LAC  
Lilly Afshar, LMT**

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29 Riverside Street, Unit B, Nashua, NH 03062

P: (603) 880-4150

F: (603) 880-6765

**Welcome! We look forward to helping you to meet your health goals. Please take a few minutes to fill out this questionnaire to help us to serve you better.**

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_ DOB: \_\_\_\_\_

City/Town: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Best way to reach you: \_\_\_\_\_

Is it acceptable to leave a message at this number: \_\_\_\_\_

Would you like to be added to our e-mail list? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, you will receive an invitation to the email address provided.

You must click "Subscribe" to receive the newsletters.

Would you like to be added to our mailing list? Yes \_\_\_\_\_ No \_\_\_\_\_

How would you like your appointment reminder? Text \_\_\_\_\_ Phone \_\_\_\_\_

What is your cell phone carrier? \_\_\_\_\_

How did you learn about our clinic and services?

Telephone book \_\_\_\_\_ Internet \_\_\_\_\_ if so, what site? \_\_\_\_\_

Doctor (please name) \_\_\_\_\_

Friend/personal referral (name, if desired) \_\_\_\_\_

Insurance provider list \_\_\_\_\_ Other \_\_\_\_\_



### Acupuncture Informed Consent to Treat

I hereby request and consent to the performance of acupuncture treatments and other procedures within the scope of the practice of acupuncture on me (or the patient named below for whom I am legally responsible) by the acupuncturist named below and/or licensed acupuncturists who now or in the future treat me while associated with or serving as a back-up for the acupuncturist named below.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, cupping, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, and nutritional counseling.

I understand that acupuncture is generally a safe method of treatment, but that it may have some side effects. These side effects include bruising, numbness, or tingling near the needle sites that may last a few days, as well as dizziness and fainting. Burns and/or scarring are a potential risk of moxibustion, or when the treatment involves the use of heat lamps. Bruising is a common side effect of cupping. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses sterile, disposable, single-use needles and maintains a clean and safe environment.

I understand that while this document describes the major risks of treatment, other side effects may occur. I will notify clinic staff if I am or become pregnant.

I do not expect the clinic staff to be able to anticipate and explain all possible risks and complications of treatment. I wish to rely on the clinical staff to exercise judgement during the course of treatment which the clinical staff thinks, at the time, based upon the facts known is in my best interest. I understand results are not guaranteed. I understand the clinical and administrative staff may review my patient records and lab reports, but all my records will be kept confidential and will not be released without my written consent. By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

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Patient signature

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Date

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Office signature

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Date



**Financial Policy**

Payment is expected at time of visit. It may be made by cash, check, or credit card.

Acupuncture is a Flexible Spending Account or Health Savings Account eligible expense, and payment may be made via FSA/HSA account card with a Visa or MasterCard logo.

Insurance will be billed as applicable by this office, but you are ultimately responsible for payment for all services. Many insurance companies do cover acupuncture care but this office makes no representation that yours does. Insurance policies may vary greatly in terms of deductible and percentage of coverage for acupuncture care. Because of the variance from one insurance policy to another, we require that you, the patient, be personally responsible for the payment of your deductibles, as well as any unpaid balances in this office. We will do our best to verify your insurance coverage, and will bill your insurance in a timely manner.

If your level of coverage is uncertain we require that you pay \$20 towards today's charges and \$20 on each following visit. Your full portion of the bill is expected when payment is received from your insurance carrier. If you have a specific contracted amount for copayment that amount is due each visit.

Any unpaid balances will be considered past due 30 days following treatment or insurance reimbursement, which ever come last. Past due balances may have an interest charge of 1.5% applied per month.

By signing this form you are authorizing this office, upon request from your insurance carrier, the release of any medical or other information necessary to process the claim.

By signing this form you are authorizing payment of medical benefits be made directly to this office. If your insurance carrier sends payment to you for services incurred in this office you agree to send or bring those payments to this office upon receipt. However, if you pay for your visits in full the assignment will not be reported by this provider and any payment will be sent directly to you.

If you suspend or terminate your care at any time, your portion of all charges for professional services is immediately due and payable to this office. All services rendered by this office are charged directly to you, and you ultimately will be personally responsible for payment regardless of your insurance coverage.

Your appointment time is reserved for you. If you cannot make your scheduled appointment, this office requests 24hrs notice. **Failure to provide such notice will result in a \$35 late cancelation fee. A No Show/Call will result in a \$50 fee.**

Your understanding is greatly appreciated.

I have read and agree to the above:

Printed Name : \_\_\_\_\_

Date: \_\_\_\_\_

Signature : \_\_\_\_\_

SSN: \_\_\_\_\_



**PATIENT HEALTH INFORMATION CONSENT FORM**

We want you to know how your Patient Health Information (PHI) is going to be used in the office and your rights concerning those records. Before we will begin any health care operations we must require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPPA NOTICE that is available to you at the front desk before signing this consent.

1. The patient understands and agrees to allow this chiropractic office to use their Patient Health Information (PHI) for the purpose of treatment, payment, healthcare operations and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the Health Insurance Company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
2. The patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those restrictions.
3. A patient's written consent need only be obtained one time for all subsequent care given to the patient in this office.
4. The patient may provide a written request to revoke consent at any time during care. This would not affect the use of those records for the care given prior to the written request to revoke consent at any time during care but would apply to any care given after the request has been presented.
5. For your security and right to privacy, all staff has been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known by this office to assure that your records are not readily available to those who do not need them.
6. Patients have the right to file a formal complaint with our privacy official about any possible violations of these policies and procedures.
7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, the chiropractic physician has the right to refuse to give care. I have read and understand how my Patient Health Information will be used and I agree to these policies and procedures.

Date: \_\_\_\_\_

Patient name (printed): \_\_\_\_\_

Patient signature: \_\_\_\_\_



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## Health History Questionnaire

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_ Sex: \_\_\_\_\_ DOB: \_\_\_\_\_

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone number: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Occupation: \_\_\_\_\_

Family Physician: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency contact phone number: \_\_\_\_\_

What is the main problem you would like help with? \_\_\_\_\_

\_\_\_\_\_

When did this problem begin? \_\_\_\_\_

\_\_\_\_\_

To what extent does this problem interfere with your activities of daily living, work, sleep or sex life? \_\_\_\_\_

\_\_\_\_\_

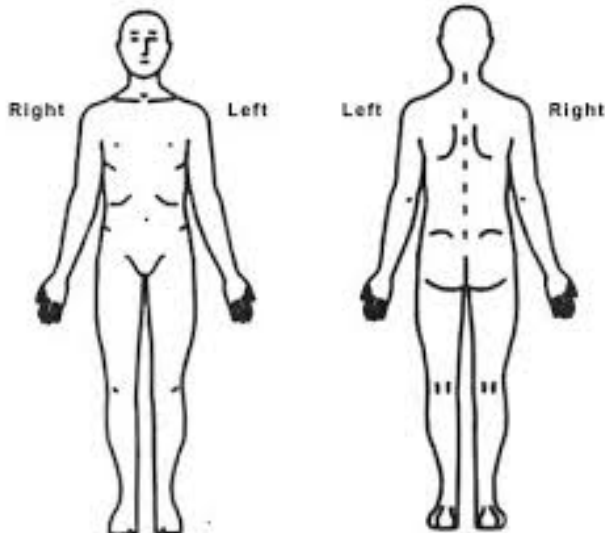
Have you been given a diagnosis for this problem? \_\_\_\_\_ If so, what? \_\_\_\_\_

\_\_\_\_\_

What other treatments have you tried for this problem? \_\_\_\_\_

\_\_\_\_\_

Have you ever been treated by acupuncture or Oriental medicine before? \_\_\_\_\_



Mark the areas of your body where you feel the described sensation. Use the appropriate symbol. Mark stress points of radiation. Include all affected areas.

- X Numbness**
- + Burning**
- \* Pin & Needles**
- = Stabbing**



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**Past medical history:**

Have you been diagnosed with any of the following? (circle all that apply):

Cancer      Diabetes      High blood pressure      Heart disease      Asthma  
Seizures      Venereal disease      Thyroid disease      Hepatitis      Stroke

Other (please specify): \_\_\_\_\_

Surgeries: \_\_\_\_\_

Significant traumas (motor vehicle accidents, falls, bone fractures, etc.): \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications you now take, including over the counter and herbal supplements:

\_\_\_\_\_  
\_\_\_\_\_

Occupational stress (chemical, physical or emotional): \_\_\_\_\_

Do you have a regular exercise routine? If yes, please describe: \_\_\_\_\_

Have you ever been on a restricted diet? If yes, please describe: \_\_\_\_\_

Please describe your average daily diet:

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

Do you smoke? If so, how much: \_\_\_\_\_

How many caffeinated beverages do you consume daily: \_\_\_\_\_

How much water do you drink daily? \_\_\_\_\_

How much alcohol do you drink? \_\_\_\_\_



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Do you use any drugs for non-medical purpose? If so, please describe: \_\_\_\_\_

Please circle if you have had any of the following in the last 3 months:

General:

- Fever, Peculiar taste or smells, Strong thirst (hot or cold drinks), Sweat easily, Cravings, Poor sleep, Night sweats, Change in appetite, Fatigue, Chills, Weight loss, Sudden drop in energy (time of day?), Bleed/bruise easily, Weight gain

Skin and hair:

- Rashes, Ulcerations, Hives, Itching, Eczema, Acne, Dandruff, Hair loss, Recent moles, Change in skin or hair texture: \_\_\_\_\_, Any other skin or hair problems? \_\_\_\_\_

Head, eyes, ears, nose, throat:

- Dizziness, Concussions, Migraines, Glasses, Eye strain, Eye pain, Poor vision, Night blindness, Color blindness, Cataracts, Blurry vision, Spots in front of eyes, Ringing in ears, Poor hearing, Earaches, Sinus problems, Nose bleeds, Recurrent sore throat, Grinding teeth, Facial pain, Sores on lips/in mouth, Teeth problems, Jaw clicks, Headaches, Any other head or neck problems? \_\_\_\_\_

Cardiovascular:

- Chest pain, Fainting, Blood clots, Phlebitis, Irregular heart beat, Cold hands or feet, High blood pressure, Low blood pressure, Peripheral Artery Disease, Swelling of hands, Swelling of feet, Varicose veins, Any other heart or blood vessel problems: \_\_\_\_\_



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*Respiratory:*

Asthma                      Shortness of breath                      Difficulty breathing  
Cough                      Coughing blood                      Pain with deep breath  
Bronchitis                      Pneumonia                      Wheezing

Difficulty breathing while lying down

If you are producing phlegm, what color is it? \_\_\_\_\_

Any other lung or breathing problems: \_\_\_\_\_

*Gastrointestinal:*

Nausea                      Vomiting                      Heartburn/indigestion  
Diarrhea                      Constipation                      Blood in stools  
Rectal pain                      Hemorrhoids                      Gas  
Belching                      Bloating                      Bad breath  
Bleeding gums                      Chronic laxative use

Any other problems with your stomach or intestines: \_\_\_\_\_

*Urinary:*

Frequent urination                      Painful urination                      Kidney stones  
Urgency to urinate                      Blood in urine                      Incontinence  
Wake up to urinate                      Decrease in flow

What color is your urine: \_\_\_\_\_

Any other problems with your urinary system? \_\_\_\_\_

*Male reproductive:*

Impotence                      Premature ejaculation                      Spermatorrhea  
Testicular pain                      Testicular injury                      Prostatitis  
Prostate Cancer                      Benign Prostatatic Hypertrophy  
Low sperm count                      Low motility  
Sore on genitals                      STDs

Any other reproductive problems? \_\_\_\_\_

*Female reproductive:*

Are you pregnant? \_\_\_\_\_

Is it possible you are pregnant? \_\_\_\_\_

Age of first menses: \_\_\_\_\_                      Duration of menses: \_\_\_\_\_

Time between menses: \_\_\_\_\_





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Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_ Number of live births: \_\_\_\_\_

Number of premature births: \_\_\_\_\_ Miscarriages: \_\_\_\_\_

Abortions: \_\_\_\_\_ Age of menopause: \_\_\_\_\_

When was your last GYN exam? \_\_\_\_\_

Do you practice birth control? If so what and for how long? \_\_\_\_\_

Do you have:

Breast lumps Vaginal discharge Sores on genitals

Irregular periods Painful periods Heavy bleeding

Light bleeding Infertility STDs

Western Infertility Treatment

Changes in body or psyche prior to menstruation? \_\_\_\_\_

Any other reproductive problems? \_\_\_\_\_

Musculoskeletal:

Neck pain Hand/wrist pain Foot/ankle pain

Shoulder pain Hip pain Muscle pain

Back pain Knee pain Muscle weakness

Any other muscle, joint or bone problems? \_\_\_\_\_

Neurological:

Seizures Stroke Concussion Dizziness

Numbness Tremors (where?) Loss of balance Poor memory

Lack of coordination

Any other neurological problems? \_\_\_\_\_

Psychological:

Depression Anxiety Fearful Sadness

Easily angered Easily worried Easily susceptible to stress

Overly joyful

Have you ever been treated for emotional problems? \_\_\_\_\_

Have you ever considered or attempted suicide? \_\_\_\_\_

Any other psychological problems? \_\_\_\_\_

If there is anything you wish to bring to our attention that has not been asked on this form, please mention it here. \_\_\_\_\_